





## Some Sound Advice

In this column last week emphasis was laid on the absolute necessity of every business man and artisan, in fact of every individual developing their old confidence as a necessary first step towards solving the present business depression and consequent lack of employment. There is need for confidence by all, in themselves, in our business men and institutions, in Governments, and in our great wealth of God-given natural resources.

Coupled with a return of such confidence there is need for the abandonment of present-day ideas of softness and ease and a renewal of an old-time determination to work. If there is to be a return of prosperity and good times, it must be preceded by the old willingness and energy to work—return of those days when everybody was busy from morn till night and found real pleasure in their work.

Shortly after his accession to the Premiership of Saskatchewan a few weeks ago, Hon. C. A. Dunning delivered several addresses before public bodies, and the keynote of each address was the need for confidence and the necessity for unremitting labor on the part of all citizens.

Hon. T. C. Norris, Premier of Manitoba, in an address to the Credit Men's Trust Association early last month, laid emphasis on the same need, and on the necessity for unremitting labor on the part of all citizens.

If any men in the West today are in a position to size up the weaknesses of the present situation; if there are any men who are confronted with heavier responsibilities and greater difficulties and problems than other men; if there are men who might with reason feel a lack of confidence in the future, it is those men who as heads of Governments have had to deal daily with the scores of complaints and grievances arising out of the hard times of the past year. If these men can look to the future with confidence, and are willing to devote their best energies and all their time in bringing about that betterment which is to be had if it is gone after in the right spirit and in an intelligent, determined manner, then there is no reason why others should be faint-hearted or lukewarm in effort.

In his address to which reference has been made, Premier Norris made an important point which is deserving of the serious consideration of all workingmen in cities and towns. If he, said, they desired to know the reason why so many of the brightest young men and women left the country for the city it was this: In the city men agitated for an 8-hour day and a 44-hour week. Every time they cliqued anything off the working day or increased the pay by one cent an hour they created a condition which affected the farmers. Their men were anxious to come to the cities. If they shortened the time for earning money they increased the time for spending money. Every advantage of that kind cost something more in the production of food. Living became more expensive. More men and women were added to the ranks of the workers in the cities, with an inevitable increase in the number of unemployed and added acuteness to the problems which the city workers had to contend against.

Premier Norris expressed the opinion that the extreme labor man was thus standing in his own light when he advised a 44-hour week, because he took from the ranks of the producer on the farms and added to the ranks of the consumers in the cities. The balance must be kept equal to maintain the ability to bring in new money, and new money was that which was produced from the soil itself, and it was only to the extent that that new money was produced that steady and profitable employment could be provided for the city artisan, store clerk and office employee. Not less work, but more work, was the crying need of the times.

Another point urged by Premier Norris was that, along with a renewal of confidence and a determination to work hard and faithfully, there was a very great need for economy. In this connection he said: "The majority of wage earners and lower salaried men are living right up to the mark every month; indeed, a large number of them are living one month ahead of their salaries. If we can turn them around and get them to live one month behind their salaries for the next few months, getting them away from the effect of living beyond their salaries, success will attend the efforts of every person."

Summed up, Mr. Norris' conclusions as to the remedies to apply to present conditions, are: All citizens must develop more confidence. They must be industrious. There are too many persons who do not wish to work more than eight hours a day. Some people can afford to live in ease without work, but they are not many. If persons are not industrious they cannot succeed. They must practice economy. They can save enough money to get one month ahead of their salary, and they can easily do it if they make up their minds. They would find it was just as easy to live one month behind their salary as it was to live one month ahead of it if they would but make up their minds to do it. There must be industry and economy and with these would come optimism, confidence and prosperity.

## Patrol Forest Areas

## Fleet of Flying Boats to be Used in Northern Manitoba

A fleet of five flying boats will likely be employed in Northern Manitoba during the coming summer to patrol

forest areas for the detection of fires. Government agents who pay the annual treaty monies to the various Indian bands scattered throughout remote parts of the province will also travel by airplane, and thus will be able to accomplish in five or six days the work which formerly required several weeks.

No need to suffer with corns, or to run the risk of paring them. Remove them surely and painlessly with Holloway's Corn Remover.

## She Loved Canada

Coming from England to Winnipeg and then travelling from the Manitoba metropolis to the Bar. B. Ranch in Alberta, Miss Elliot had a splendid opportunity for studying conditions in Western Canada. If you will read, "My Canada," the new serial which commences with this issue, you will find what agencies worked to attract her to her new home. After spending some time here, it came upon her suddenly that she loved Canada, the big crude land that had seemed so unfriendly at first. Read the opening chapter.

Minard's Liniment Lumberman's Friend

## Under Soviet Rule

Slaves to a Harsh and Really Unintelligent Bureaucracy

In Soviet Russia there were to be no masters, or, in other words, everyone was to be a law unto himself. The madness has worked itself out, and now all men are slaves to a harsh, impractical and really unintelligent bureaucracy, and abject want has replaced plenty. We have been supplied with ample warning, which the sinister activities of Communist agents in this country, very busy just now, cannot cloak. Though there are at present, unhappily, no signs of a settlement, we still have faith that reason and good sense will prevail. The country had won one war at a heavy cost, and it cannot afford repeated assaults on its economic strength at a time when every effort should be directed to making good the ravages of the late struggle. —London Daily Telegraph.

Saskatchewan Butter Gets First Place

Dairy Industry is Making Rapid Strides in Recent Years

In a national-wide competition in which six creameries of each province took part, Saskatchewan butter has been awarded the first place. Samples were shipped to a cold storage plant in Montreal and there scored by official graders. Scores were taken during the entire year 1921 and resulted in Saskatchewan being given the highest place among the provinces. Saskatchewan's butter industry has developed very rapidly in recent years.

Corns, Warts, Bunions Painlessly Removed

Alberta Big Fish Producer

Don't limp any longer, don't suffer another hour from corns. The oldest remedy and the best, the one that for fifty years has proved a true success, will lift off your corns in a hurry. Putnam's Painless Corn and Wart Extractor is the one remedy to use. Replace a substitute, 25¢ everywhere.

During the past year over 1,000,000 pounds of fish have been shipped from the lakes in Northern Alberta. The northern fish are of excellent quality and find a ready market. A considerable industry is being developed.

Many mothers can testify to the virtue of Mother Graves' "Worm Exterminator," because they know from experience how useful it is.

The Hottentots are especially fond of giraffe steaks and giraffe marrow, and a pot-roast of boar-contractor is highly prized in Southern Guinea.

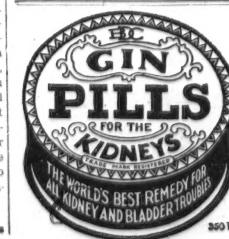
## SAVED BABY'S LIFE

Mrs. Alfred Tranchmontagne, St. Michel des Saints, Que., writes:—"Baby's Own Tablets are an excellent medicine. They saved my baby's life and I can highly recommend them to all mothers." — Mrs. Tranchmontagne's experience is that of thousands of other mothers who have tested the worth of Baby's Own Tablets. The Tablets are a sure and safe medicine for little ones and never fail to restore the bowels and stomach, thus relieving all intestinal difficulties which children suffer. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

## Alberta Schools

Pupils enrolled in Alberta public schools total 124,232, with 3,301 school districts operating and 5,322 teachers employed. There are 68 consolidated school districts. Eighty-six new districts were created last year and the school library branch of the Department of Education distributed 51,170 books among the various schools.

London still contains two buildings that witnessed the performance of Shakespeare's plays during Shakespeare's life—the Middle Temple Hall and the Hall of Gray's Inn.



## Children Cry for Fletcher's



Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

## What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulence, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of

*Dr. H. Fletcher*

## In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

## Starting the Car

## When Everything Else Fails You Can Try This

To start the engine of a car after the self-starter has gone wrong and the crank handle is not available, jack up the rear wheels and then shift into high. Set the spark and throttle, prime the cylinders and by turning the rear wheels, the engine will become active. Do not take hold of the spokes when turning the wheels around; use the tire, because there is danger of getting the hands caught when the wheels start to revolve.

Ready-made Medicine.—You need no physician for ordinary ills when you have at hand the following: Dr. Dyer's Electric Oil. For sores, colds, sore throat, bronchial troubles, it is invaluable; for scalds, burns, bruises, sprains it is unsurpassed; while for cuts, sores and the like it is an unquestionable healer. It needs no testimonial other than the use, and that will satisfy anyone as to its effectiveness.

In India tiger meat is esteemed as a food, partly because there is a superstition that it imparts to the eater some of the strength and cunning that characterized the animal.

Plants, by means of their greenness, are able to collect and store the heat of the sun.

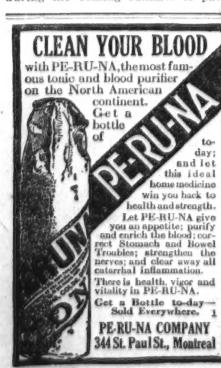
## WOMAN COULD NOT WORK

## Made Strong and Well by Lydia E. Pinkham's Vegetable Compound

St. Paul, Minn.—"I took Lydia E. Pinkham's Vegetable Compound for a tired, worn-out feeling in my kidneys. I used to get up with a pain in my head and pains in my lower parts and back. Often I was not able to do my work. I read in a little book about Lydia E. Pinkham's Vegetable Compound and have taken it. I feel so well and strong and can do every kind of my work and not a pain in my back now." — "I recommend your medicine and you can use this letter as a testimonial." — Mrs. PHIL MASER, 801 Winslow St., St. Paul, Minn.

Just another case where a woman failed to live by taking Lydia E. Pinkham's Vegetable Compound. Many times these tired, worn-out feelings and pains about the body are from troubles only women have. The Vegetable Compound is especially adapted for just this condition. The following notes are from the disagreeable symptoms passing away—one after another.

Lydia E. Pinkham's Vegetable Compound is a Woman's Medicine for Women's Ailments. Always reliable,



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## Raising New Canadians Through Means Of A Broad Immigration Policy

"I have spent my life in a great section of my own province almost wholly peopled from the provinces of Yukon and Galicia, and who have wonderfully developed the land upon which they settled," says A. S. Shandro, a prominent farmer, who served two terms in the legislature of Alberta. "They were of farming immunities to begin with, and in coming here, came to settle upon the land, to farm or to work for farmers. They have prospered, as they have made the country prosper. They are not like the immigrant who came here merely because the country offered high wages, and who now finds himself with less than nothing. I was willing to work for \$4 a week, even when I was a man, but I looked ahead to that time when I, too, would take my place as a fully qualified New Canadian. That is the term I like to hear applied to the peoples who come here from foreign countries, and who come here hopeful of being able to take their places as New Canadians. Bring in such people, after you have hand-picked them, and Canada cannot regret it. Bring in a good man, no matter where he comes from, and Canada profits. Bring in a bad man, one who will never make a citizen, one who never means to be a good citizen, and no matter from what country he may come, Canada will suffer."

"Canadians need not worry where their immigrants come from. If only they know that the right men are coming in. They must be hand-picked. They need not be as searchingly selected if they come from Great Britain as they need to be if coming from any other country. Get the right men and women into the country, and you won't have the 'floaters,' as I call them. For instance, just as a side issue, I am entirely against men coming to this country leaving their families behind them. My experience is that 99 per cent of those who come without their families, even though they may come fixed in the intention of having them follow, go wrong; just as I have found that 99 per cent of those who have brought their families with them, make good."

"We want assimilation, but the inclination is to force it. That is bad; let it permeate gradually. Teach my people how to farm properly, and in their quick aptitude to learn they are soon well enough off to take their place in their second generation without any outward differences from the Canadian-born of several generations. I have instilled this into my own family, and would like to give you a personal illustration of what can be accomplished in raising New Canadians out of a broad immigration policy based upon careful and even stringent selection. I came to this country under such a policy, as a boy of 12, being brought by my parents. Now I have my own children in the schools of Alberta; and only the other day my boy won the championship in the debating competitions in the high schools of the whole province. Assimilation of the right kind, I submit, brought about, too, I believe, by a sane, constructive and liberal policy of hand-picked immigration."

### British Land Legion

**Novel Suggestion for Means of Colonizing Canada is Put Forward**

The novel suggestion that a "British Land Legion" be formed as a means of colonizing Canada, is being put before the British authorities and the public by F. C. Wade, Agent-General for British Columbia. It is proposed that members of the "Legion" should wear uniforms and be under semi-military discipline, would be guaranteed three years of farm work and at the end of that period would each be placed in possession of one hundred acres of land. During the three years they would have acquired valuable experience in Dominion farming methods, and would then be entitled to a loan from the Federal Government to enable them to finance the workings of their land.

By making your purchases from your home merchant you are contributing direct to the prosperity of the community in which you live.

### Experimental Farm Facts

**Valuable Information Gained Through Tests Being Conducted**

A brief study of the reports of the various Dominion Experimental Farm Superintendents makes evident the fact that they contain much that is of value to the farmer. By writing to the Publications Branch of the Department of Agriculture, Ottawa, a copy of the report of the nearest farm or station for the district can be obtained. Numerous experiments are conducted at these farms and they are frequently so designed as to deal with local problems. At Beaverlodge, Alberta, for instance, some special experiments with alfalfa seed inoculation have been conducted. At Brandon, Man., we learn that reseeded screenings have been fed to horses with success to replace part of the oats previously fed, and that the screenings should be mixed with bran. For over two years while this mixture was fed there were no digestive troubles and the horses appeared to keep in better condition than before. At Scott, Saskatchewan, we learn that when barley was a little higher in price, screenings were profitably fed to lambs. From the farm at Napan, Nova Scotia, we are informed, experiments in feeding steers have proven that cheaper gains can be made by feeding a cheap grade of hay along with ensilage corn, and that ensilage corn has a higher value in feeding steers than have roots. At Kapuskasing, Ontario, tests have shown that on dry knolls or any soils lacking in moisture, better results may be expected from seeding alfalfa without a nurse crop than with one. Regarding sunflowers, the superintendent at Invermere, British Columbia, reports that the yields obtained compare quite favorably with field corn. These extracted statements by no means convey a fitting idea of the large amount of information to be obtained in the reports of the superintendents, but they illustrate in a very limited way the facts that are forthcoming.

### The Modern Age

**Good Things of Life Never so Easy to Command as at Present**

I am writing this in the living room of my home on a typewriter that weighs no more than a moderate sized book. Light is provided by a lamp in which burns two incandescent bulbs.

In an adjoining room is a telephone from which I can talk to any city on the continent. On the wall is a thermostat which regulates the flow of gas in my furnace and keeps the room at an even temperature of 70 degrees.

Almost within arms' reach are several shelves of books filled with the most profound and beautifully expressed thoughts. The floors of my home are cleaned with a suction sweeper, operated by electricity while the clothes are put through an electric washer and ironed in an electrically driven mangle.

My children attend a school where they are given a better education than the sons of kings could command a century ago. I enjoy all these things and yet I am an ordinary citizen with an ordinary income, living in an ordinary way. Tens of thousands have as much as I have and more. And yet I kick and wonder what the world is like.

Were the good things of life ever so easily at the command of the ordinary man as they are today? Don't we all do a lot of Welching that we haven't any right to do? And if we are not careful, isn't there a danger that we will upset the greatest civilization the world has ever known?—William Feather in the Philadelphia Ledger.

### Canada's Attractions

In discussing colonization both the press and public speakers have pointed out recently that "Canada is one of the few remaining countries that offer agricultural lands on terms within the means of settlers of limited capital, located in a land of democratic self-government and with a climate acceptable and desirable to the white race."

### Hid German Flags

**Banners of Enemy Knights of Garter at Windsor**

What has happened to the banners of the ex-Kaiser and seven other enemy Knights of the Garter which were removed from St. George's Chapel, Windsor, in May, 1915?

The mystery of these banners of the highest order of British chivalry was recently revealed by the Dean of Windsor in a sermon he preached in Norwich Cathedral. "The fact is," he said, "no one knows what has become of them. He had hunted high and low for them without avail."

It is understood that they are safely hidden at Windsor and will not be produced until the King asks for them.

Sir Henry Farnham Burke, garter king of arms, and the representative appointed by the late Sir Alfred Scott-Gatty, the former garter king, to take down the banners are the only two people who know the exact spot in which the banners lie hidden. "When Sir Alfred, Scott-Gatty made the secret of the banners was handed down to me," said Sir Henry Burke recently, "and I am bound not to reveal it. I am able to state, however, that the banners are perfectly safe and in good condition, and that they are at Windsor, where they were placed in a certain spot by Sir Alfred's custodian."

"It was decided when they were removed not to destroy them, as they may one day be called for by the King. Unless the King asks for them, it is possible that they will remain in their present hiding place for hundreds of years. It is impossible to predict their ultimate destiny. They are dead to the public."

Perhaps in some future century they will be uncovered—a strange relic of the tumult of the great war.

## Scientists Claim That People Of Rural Districts Will Live The Longest

### The Livestock Markets

**Reports Show General State of Trade is on the Mend**

The weekly report of the Livestock Branch of the Dominion Department of Agriculture show an improvement of prices of livestock and a better state of trade than has been the case. In the first week of April prices for cattle at all the principal markets of the country were up compared with the quotations in March. Calves at Toronto showed an upward tendency, but elsewhere they were stationary, except at Edmonton, where there was an increase. Hogs at Toronto were unchanged, but other markets displayed a weakness, owing to the rush of supplies. Sheep at Winnipeg and Calgary were quoted not only higher than in March but \$2 better than last year. Toronto was \$1.50 ahead of the prices quoted at the corresponding period last year, but Montreal was down and Edmonton stationary. The total receipts of livestock at Toronto, Montreal, Winnipeg, Calgary and Edmonton in the first three months of the year were 18,854 cattle, 27,608 calves, 199,406 hogs, and 51,757 sheep, compared with 135,797 cattle, 30,105 calves, 159,907 hogs, and 51,609 sheep in the first three months of 1921.

**British Columbia Potatoes for Cuba**

A shipment of 500 tons of British Columbia potatoes was recently made to Cuba. The potatoes were all grown in the neighborhood of Vancouver city.

Shorter life for city dwellers is the sentence pronounced by Dr. John Brownlee of the British Medical Research Council, in a recent report that body summarized in the medical magazine, the *Lancet*. His evidence lies in the latest Government tables of the expectation of life, but he can give no reason for the earlier demise of the urban dweller except that he ages earlier, which the reviewer in the *Lancet* thinks is begging the question. After giving his opinion that the use of death rates in a community is very practical, the reviewer goes on:

"At the age of 15 the rural male's expectation of life is nearly two and a half years higher than that of the inhabitant of county boroughs at the same age. At the age of 40 the corresponding expectations are 25.80 and 20.35 years; at 55 they are 15.48 and 13.36 years respectively, and so on. That is, life on the average is shorter in town than in country; and this fact may, perhaps, be put justifiably in Dr. Brownlee's words: 'It has been rendered probable that the inhabitant of the country is at these ages (between 55 and 65) 'biologically about six to seven years younger than the inhabitant of the town.'

"But the question remains as to the cause of the greater incidence of premature death in towns. Dr. Brownlee gives an unhesitating opinion on this point. Thus dealing with valvular disease of the heart, which has a higher standardized death rate in county boroughs than in rural districts in the proportion of 85 to 62, he concludes that the amount of this disease is much the same in all districts when judged by the life-table death rate; and that it is not a matter of more of the disease being present in a city, it is rather a matter of the disease developing at earlier ages.

"Dr. Brownlee's view is that premature aging of the tissues is an important factor in the earlier age at death in towns. Does this statement help us much? The fact is obvious that if death is preceded by senescence, senescence is earlier in urban than in rural communities. But by the term senescence we are led to think of processes which are approximately normal as age advances. Some of these may in reality belong to the same categories as the injuries—pathological invasion by microbes, mechanical injury, or toxins—which shorten life before old age. But to rest content with the proposition that urban life means premature old age stops short of investigation which may lead to the discovery of the malevolent agents producing premature old age. In cancer it may be a dietary error. An excessive meat diet and the influence of alcoholic or nicotine excess have been suggested in this connection.

"Scientific knowledge is extended by increasing differentiation of causes, not by being contented with any readily acquired generalization, whether it is senescence, or ascites, or marasmus, or malnutrition, or poverty, or any other medical or social complex."

### Neglected Literature

**Many Books Are Forgotten that Deserve Better Fate**

Even in our own Canadian literature, all of which is so comparatively recent, one may find books that have been almost if not quite forgotten, and that deserve a better fate. To how many of us, for instance, is Halliburton nothing more than a name? Who today reads "Sam Slick the Clockmaker," or "The Old Judge," or "Nature and Human Nature"? And yet Thomas Chandler Haliburton was perhaps the one native writer of British North America who really approached the rank of genius. And how many of the people of Ottawa have read James de Mille's "Helena's Household," a vivid story of the catacombs at Rome, or suggested Mark Twain's "Innocents Abroad," or "A Strange Manuscript Found in a Copper Cylinder," which is both a fascinating story of an imaginary people and a brilliant satire on the modern worship of wealth and material success?—From the Ottawa Journal.



#### About a Birthday Party



answered. "It will be very pleasant to talk of her, for they put under their pillows. 'Sweetness' is the name of the little girl's fairy, while the brother's is 'Poppy.' I know these fairies very well, and they told me of the two children. I had several times flown to them through my magic wand." "Isn't you very, very seldom do anything of that sort?" exclaimed Snookums in amazement. "Do you want to know why?" Stella asked mysteriously. "Yes, for I can't guess," replied the Brownie.

"For the very simple reason," Stella explained, "that it is more than seldom that Humans really, absolutely and unquestioningly believe in us fairies folk. When some one 'honest-to-goodness' believes in us then we fairies visit their dreams. That is why this little girl and boy are such friends of ours."

"But tell us about the party!" Pimzie impatiently cried.

"How can I?" asked the Fairy with a smile. "As the party is to be tomorrow I have to first go." Which does seem reasonable!

The night after the little girl's birthday Stella was in such a hurry to get home and tell her Brownies about everything that she could hardly keep from thumping her Butterby. Oh, when she rides through the air with her heels! She wanted to reach home—oh, ever so much!

It is ever so much fun to tell people about things that interest us when we know that they are also interested and really want to hear what we have to say!

"Well," began the Fairy, "it was a marvellous party, even though there were but ten children. A few had not arrived, so we had to wait for a few minutes before the children arrived. Later all turned up so that he looked for all the world like one of you funny little Brownies, he began talking to these poor little city starved children of all the wonderfully beautiful things in the woods and fields, and," added the Fairy, "the strangest part of it all was that this Human—this man—talked in such a way that I immediately knew that he made friends with our fairy folk, and that I understood their ways and habits. He even taught the children fairy games, and he gave them strange little gifts from our fairy people."

"Who was he?" asked Pimzie in astonishment.

"Only a person whose heart saw into the beyond," answered Stella. "Only a man who some time or other had been given a gift of the magic of our world. The children," she continued, "were born without any special talents, these final presents, but instead of that they brought back with them a wonderful day dream—a vision of things belonging to our End-of-the-Earth."

"And what did this strange Human give the children—this Human who seems to be one of us?" asked Pimzie.

"Well," Stella answered, "as all her friends start an interesting collection they brought her a wonderful piece of coral. It was a bright red color. Another brought her a Luna Moth. So," added the little Wishing Fairy, "from now on this little girl has determined to collect the really beautiful things of the earth—and this birthday party started her collection."

## IS YOUR NOSE PLUGGED ? HAVE YOU CATARRH?

If Subject to Colds, Here is Real Good Advice

Don't load your stomach with cough syrups, send healing medication through the nostrils—send it into the passages that are subject to colds and Catarrh. Easy to do this with CATERROZONE, which helps a cold in ten minutes. Easy to do this with the healing vapor of Catarrhozone—all through the bronchial tubes, nostrils and air passages—everywhere a trace of disease remains will Catarrhozone help. You'll not have colds, nor will you suffer from sinus, ear, chest or throat trouble if Catarrhozone is used. Get it today but beware of dangerous substitutes meant to deceive you for genuine Catarrhozone. Large size, two months' treatment, costs \$1.00, small size 50¢, sample size 25¢, all dealers or the Catarrhozone Co., Montreal.

## MY CANADA

— BY —  
ELINOR MARSDEN ELIOT

Published by Special Arrangement  
with the Author

Winnipeg,  
June 2nd, 19—

Had any a year ago, nor that I should ever be compelled to the necessity of keeping a diary in which to record my woes I would have refused to believe that prophecy—*I*, Elinor Marsden Eliot, healthy, happy, and moderately good-looking! And just here I may confess that the aforesaid prophecies were not only well-kept, but rather shrewd-minded, simply because she has reached the mature age of twenty-five without finding a husband necessary to her well-being.

Mary Arnold tells me that I must drop my roundabout mode of expression if I wish to find listeners in this busy country, so here I go again. After a few months and begin at the beginning of my story instead of in the middle of it. Mary also says that all my observations should be prefaced with the explanation, "I am English, you know." I am, however, glad to hear that she is also English, she retorted, "Not on your life! Canadian for mine!" I have remarked that she is more than usually lavish in her use of slang when she is speaking to me; she is a dear, however, and I like her, this would allow no one else to buy for, in Canadian ("string") me as she herself does.

Well, I am English, you know, and a few months ago, upon attaining my twenty-fifth birthday, I came into a small legacy, the largest of my uncles' aunt. This aunt, by the way, made provision in her will that, in the event



### No Appetite

Nervous exhaustion leads to taste for food. The nerves of the stomach are weak, digestion fails and you become generally upset and out of sorts.

The secret of complete restoration is in getting the nervous system fully built up.

Mrs. R. Cheney, 208 Richmond St., Chatham, Ont., writes:

"I was troubled with indigestion which caused me many sleepless nights. I would be in terrible distress at times, and would get no relief for two or three hours. For sixteen months I ate nothing but Shredded Wheat biscuits, as I dare not eat anything else. I did not know what to do, as I had tried so many different remedies, as well as doctors' medicines, without getting any permanent relief. Finally I got some of Dr. Chase's Nerve Food, and while on the second box noticed that it was improving. I continued the treatment until I am now fully restored, and have returned to my regular diet. My husband has also taken Dr. Chase's Nerve Food with splendid results, so we are glad to recommend it to others."

Dr. Chase's Nerve Food, 50¢ a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

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of my marrying before the age of twenty-five, the hundred pounds a year was to go to a Dogs' Hospital in London! One of Father's curates—he is really awfully fond of dogs—tried to divert the money to this worthy object, but, as Mary says, "not for mine."

Ever since the Arnolds visited us in England three years ago I have longed to see Canada. And Mrs. Arnold invited me to spend a year with them, and I accepted. I had taken care of me if I were allowed to go; but as I had already been taken care of for twenty-two years, that prospect did not appeal to me. I wanted to go a pioneer on my own responsibility and of course Mother and Father would not consent to such a thing. I imagine, then, their consternation when I called a family council the day after my last birthday and informed them of my intention to go to Canada, with their consent or without it!

Mother cried. Father took his glasses off, wiped them carefully on the bit of chamois he carries in his waistcoat pocket for the purpose, put them on again, and then said in his quiet, kind way, "Well, my dearest, talk over it." Ralph, aged twenty, winks solemnly at Helen, eighteen, and remarked to the world in general that I was afraid that my money would go to the bow-wows if I stayed within reach of Arthur. Arthur is a curate, a Wesleyan, and is said to be on the verge of following Mother's example, but Ralph's nonsense acted as a general restorative, so I went on to tell them of the plans I had made.

I intended to go to the Arnolds' home in Wimborne, and from there to look for a situation as working companion on a farm. Then, when I had gained a fair amount of experience, I would buy a small place of my own and go in for poultry-farming—far away from curates and mothers' voices. Quite a sensible programme for a girl who had never been out of England, was it not? But I longed for a complete change; I never was a success as "U" parson's daughter"; Helen plays that part much better than I do, perhaps, because her godmother is a widow, and she is an eccentric old bachelor who once aspired to Mother's hand, and who invariably supports my periodic rebellions against Mrs. Grundy.

After all, I think the greatest surprise was that I was made for pioneer life. Father and Mother agreed to let me try my wings. I have always suspected that in the bottom of his heart Father sympathized with my desire for a broader outlook, but the only way in which the poor dear man could do this was to let me go as by allowing me to study Latin and Greek with the pupils he had to take before Aunt Josephine died and left us her money—peace to her ashes! Mother, however, while as sweet as she could be, was as much as possible against it. Since I grew up she has at all times and seasons painted matrimony in the most glowing colours, and I firmly believe that only her conservatism prevents her from petitioning for a new clause in the Litany:—"From a virtuous woman, female—Instinct and frugality."

"Good Lord, deliver us."

One day she went so far as to point out to me that I was tempting Providence by refusing three offers of marriage when I had been privileged to receive more than my proportionate share. She was, however, a mixture of qualities which showed an appalling preponderance of women over men in the British Isles. Perhaps I was tempting Providence, but I think I was justified. The first offer was from a retired Anglo-Indian with a large fortune, and I had only wanted a nurse-housekeeper. The second was from an old pupil of Father's, a dear boy—but two years younger than I. The third was from Arthur, the fourth, fifth and sixth also; he will have a little some day if sun-dry uncle and cousins die, but he wears new collars and has no sense of humour. So what could a poor girl do?

We were very busy for the next few weeks. It seems to me as I look back that all my energies spent endeavouring to get in the saddle—though, but at the last I had one lonely long week in which to say good-bye to every man, woman, and child in the village. I never realized before to what an extent Wilmington had contributed to the population of North America; my address book was full in no time, and I innocently promised to look up people in New York and Norway House, Prince Rupert and Halifax.

... shall follow a time-honoured custom and draw a veil over the parting with my family. I can still feel the lump in my throat, and still hear the perfectly idiotic answers I made to Ralph's equally idiotic questions.

I presume my ocean voyage was like every other ocean voyage, and I am sure that I was not bored.

"Dear Arthur's" aunt, her sister-in-law, or some such creature, crossed with me. Her presence was a great source of comfort to Mother, I believe, but I, suffering from a combination of homesickness and seasickness, would much rather have been alone.

"Alone, alone, all, all alone."

"Alone, alone, the wide sea!"

And never a saint took pity on

My soul in agony!"

All sentimental young ladies who keep diaries have poetical quotations in them—in the diaries, I mean—and this seemed so appropriate.)

"Yes, Elinor dear, you are a most foolish girl, but I am glad to hear

Arthur has always been a comfort to his friends. He never caused his

## SEIGEL'S SYRUP

In thousands of cases  
Mother Seigel's Syrup has proved  
effective in curing  
digestive troubles even  
when they have been  
severe, but it is the test after your  
next meal.

## INDIGESTION AND STOMACH & LIVER TROUBLES

mother a moment's anxiety—and the small box of capsules—he could repeat the whole of the Catechism before he had time to get out—my shawl, nearest, no, not that one—my lavender trimmings."

We parted at Montreal, and I was so overjoyed that I gave a dollar, my first Canadian expenditure, to a convenient Salvation Army lady.

When I asked Mary if I should preserve for posterity the record of my impressions from the moment my foot first touched Canadian soil, she told me that on no account must I make such a mistake, as nothing east of the Rockies is worth the recording of course it was Mary who planned in my fertile mind the seed that produced this diary—I am really proud of that sentence: living in "the breadbasket of the Empire" seems to improve my literary style.

After a week's dressing-for-dinner-on the night of my arrival in Winnipeg, I must confess that I shed a few tears. Mary discovered their traces, and after administering consolation in the comical elder-sisterly style she affects—Mary is twenty—she advised me to go to the washroom.

"You are sure to be homesick at first," she said, "and I can assure you that there is no more certain relief for that worst of all diseases than to write down your instant feelings. When you are at your worst I used to write most melancholy letters, possible—the sort one can wring salt water out of, you know—address them to Mother, and then post them in the kitchen stove. Sometimes the chimney smoked for weeks, but I felt a whole year better."

On the whole her advice seemed to be worth following. And—who knows?—perhaps my grandchildren will be glad to read my chronicle!

On reading over what I have written, I feel as if I had been prepared for something special. But as far as but one particular person in mind am I writing, my imaginary confidant must be someone whom I have not yet seen. Rather a pretty fancy, that, one quite worthy of a young person who keeps a diary!

(To be continued)

## Dye Old Wrap, Skirt, Sweater, Curtains

### Diamond Dyes

Each package of "Diamond Dyes" contains directions so simple and easy to follow that the housewife need not be afraid to use them. Even if she has never dyed before, she can do it successfully. Into shirts, skirts, dresses, waists, coats, stockings, sweaters, coverings, carpets, curtains, and almost anything. "Diamond Dyes"—no other kind—then perfect dyeing is guaranteed. Just follow the directions and whatever you wish to dye is wool or silk, or cotton, or rayon, or silk, or rayon, "Diamond Dyes" never streak, spot, fade, or run.

The viper, England's only poisonous snake, is found in all regions, from Persia to the Arctic circle.

**MURINE**  
Night  
Morning  
Keep Your Eyes  
Clean, Clear & Healthy  
Write for Free Eye Care Book Murine Co., Chicago, U.S.A.

## A Practical Makeup



## Mrs. Fowler Gains Twenty Five Pounds

Esteemed Winnipeg Woman  
Is The Very Picture Of  
Health Since Taking Tanlac,  
Declares Husband.

"I've got every reason to be satisfied with Tanlac, for it has restored my wife's health and she has actually gained twenty-five pounds in weight," said George J. Fowler, of 624 Cathedral Ave., Winnipeg, Man.

"About three years ago, she had a bad attack of dyspepsia. Her food would lie like a lump of lead in her stomach and the gas that formed fairly made her gasp for breath. She was very weak and thin and got worse as the months went by. Finally her health broke down completely."

"But when she started on Tanlac, the way she picked up was astonishing. Now she has completely regained her strength, and is the very picture of health. We both have the greatest faith in Tanlac, and recommend it whenever we get a chance."

Tanlac is sold by all good druggists.

### New Pulp Mill

The Great Lakes Pulp and Paper Company will, it is stated, erect a large paper mill at Fort William. The capacity will be 100 tons a day and the plant must give employment to 600 men by February 1st, 1925. An agreement to this effect has been made with the Ontario Government.

Feet that are a size larger than the shoes you wear are their own punishment.

## Our New Serial Story

Elinor Marsden Eliot was a typical English girl who came to Canada to satisfy a long-cherished idea to go a-pioneering. If you will read "My Canada," the new serial story which commences with this issue, you will learn what fortune awaited her at the foot of the rainbow.

## Want Binder Twine Factory

Saskatchewan Grain Growers Want  
Factory Established at  
Penitentiary

Blinder twine in Saskatchewan represents an investment of millions of dollars by the province's farmers at harvest time, and the Regina branch of the Saskatchewan Grain Growers is asking that a binder twine factory be established at the Provincial Penitentiary at Prince Albert. Not only does the branch want inquiry made into the feasibility of this establishment, but consider the advisability of utilizing prison labor in the manufacture of farm implements.

It pays to patronize home industry. Buy from the merchants in your own town.



Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly the corn stops hurting, then shortly you lift it off with fingers. Truly!

Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

## MACDONALD'S Cigarettes



The Tobacco with a heart

10  
FOR  
15¢

# Lloyd George Dwells On Political Dangers That Confront Europe

Genoa.—Premier Lloyd George has drawn an alarmist picture of Europe. In addressing the British and United States press representatives he declared that the object at Genoa was to clear up the political differences which were full of menace. He compared Europe to seething racial lava, which, like the earth's crust, was seeking a proper level. This adjustment was full of perils. He emphasized that Europe must take cognizance of hungry Russia, "which could be equipped by an angry Germany."

"The world must recognize the fact," the Premier said, "that Russia and Germany combined contain over two-thirds of the people of Europe. Their voice will be heard, and the Russo-German treaty is the first warning of German."

As proof of the danger, he cited the fact that there was no frontier line from the Baltic to the Black Sea, including the Rumanian, Galician, Polish and Lithuanian frontiers which had been accepted.

"I wish America were here," Mr. Lloyd George exclaimed. "Some people think we want the United States for some selfish purpose. This is not true. We want America because she exercises a peculiar authority; her very aloofness gives her the right to speak."

"America could exercise an influence no other country could command. She could come here free and disengaged, and, with the prestige which comes from her independent position, she would come with the voice of peace."

"But America is not here; so Europe must do her best to solve the problems in her own way."

Mr. Lloyd George gave it at his opinion that the disorganization of Europe would affect the entire world, including the United States. He was amazed at people who ignored the portentous fact facing Europe today. Unless Europe is reorganized, in other words, unless the Genoa conference succeeds in arranging a pact, he was confident that if not in his own life, certainly in the life of the younger men present, Europe would again waltz in blood. "We triumphed in the war," he said, "but our triumph will not last for ever. If our victory develops into oppression, vengeance will follow, just as Germany's action which started the war was followed by vengeance."

"We must be just and equitable and show strength; we must realize that Europe is not on good terms and that storms are arising which we must deal with. We had hoped that the end of the Great War meant the end of brute force, but unless Europe's problems are solved, there is no assurance that force has given way to right."

## HALIFAX EXPLOSION WRECKED HER NERVES

The reader will, no doubt, remember when a few years ago there was a violent explosion in New York, and one of the munition ships was blown up, causing great loss of life and laying a large portion of the city in ruins, and causing a great deal of suffering and distress among the inhabitants.

Mrs. Winfield Dill, now of Windsor, N.S., was living in Halifax at that time and went through this trying experience and the shock wrecked her nerves. She writes as follows:—"I was living in Halifax at the time of the explosion, and it wrecked my nerves so that I could not do my housework. I would take such nervous spells I would be under the doctor's care."

I saw Milburn's Heart and Nerve Pills advertised, so I took two boxes, and they helped me so much I took six more, and now I am completely relieved. I can recommend them to anyone suffering from heart and nerve trouble."

To all those who suffer from nervous shock we would recommend our

### MILBURN'S HEART AND NERVE PILLS

as the best remedy to tone up the entire nervous system and strengthen the weakened organs. Milburn's Heart and Nerve Pills are the original heart and nerve food having been on the market for the past 27 years. Price, 50c a box at all dealers, or mailed direct on request, paid by The T. Milburn Co., Limited, Toronto, Ont.

### Farm Laborers from B.C.

#### British Columbia's Unemployment Problems Solved by Prairies

Vancouver.—The increasing demand for farm laborers on the prairies is rapidly solving British Columbia's unemployment problems. About 1,900 men have been sent east from here and more are going at the rate of 60 a day, Labor Department officials state.

Replying to a request for 50 men a day until further notice, made by the Saskatoon United Farmers' Club, Mayor Tisdall wired that only an average of 30 experienced men could be sent.

### Strained Muscles, Strains, Can Be Treated Quickly

In minor sprains, the muscle is strained a little, and all that is needed is a vigorous rubbing with Nervilene. This draws the extra blood away and permits the muscle to return to its normal condition. The supremacy Nervilene enjoys is owing to its penetrating power. It strikes deeply, that is why it removes deep-seated pains, and fixes up folks that have Rheumatism, Lumbago, Neuralgia and Sciatica. It is also a pain killer, the pain destroying power in Nervilene than you find in the average liniment. Sold everywhere, 35c per bottle.

### Few Persons Killed In Tokio Earthquake

#### Official Report Says Shock Lasted for Fifteen Minutes

Tokio.—A heavy earth shock centering in Tokio, caused the death of a few persons and considerable damage was done to buildings in the city and their contents.

The earthquake was preceded by an eruption of Mount Asam-Yama, ninety miles northwest of Tokio, which broke out with a loud report pouring forth volumes of ashes, stones and smoke. No serious damage was caused by the eruption. There were many escapes of the narrowest sort from collapsing chimneys and walls. The earth shock was one of the most severe experienced here in a long period. Officials stated it lasted 15 minutes, the longest in years.

### "My Canada"

We confidently commend to your attention the new serial story, "My Canada," which commences in this issue. It is a story of our own Canadian West, dealing with scenes and characters that will be familiar to all our readers. Do not miss the opening chapter.

### India's Wheat Crop Shows Big Increase

#### Over Three Million Bushels Harvested According to Estimate

Ottawa.—A cablegram received by the Department of Agriculture here from the International Institute of Agriculture, states that the first official estimate of the newly harvested wheat crop of India is 355,258,000 bushels against 250,469,000 bushels last year, and 340,590,000 bushels the average of the five previous years. The pre-war average production of India 1909 to 1913, was 359,000,000 bushels. The condition of winter cereals on the first of April was very good in Bulgaria, average in Germany and Italy and fair in France.

### Noted English Advisor Dies

London.—Sir Henry Earle Richards, K.C., who was counsel for Canada and Newfoundland in the North Atlantic coast fisheries arbitration at The Hague in 1910, died April 26. He was counsel for Great Britain in the Samoa arbitration in 1902 and in the Venezuela arbitration at The Hague, 1903.

### Poland Gets Loan in U.S.

Warsaw.—Announcement is made that Poland has concluded a large loan in the United States. The conditions of the loan are said to be most favorable.

### WESTERN EDITORS



Jos. G. Willard, Editor of The Times, Lloydminster, Alberta.

# Plans Are Made For British Settlement Within The Empire

London.—In the House of Commons, Lieut.-Col. E. C. Amery, Parliamentary Secretary of the Board of Admiralty, moved the second reading of the Empire Settlement Bill, the object of which is to make better provision than is the case at present for furthering British settlement in overseas dominions.

Col. Amery stated that the bill was intended to give effect to resolutions passed in conference with the dominions last year. He acknowledged that the dominions' present restrictions were necessary owing to their own labor conditions.

Two schemes are now submitted—first, assisted emigration, and second, land settlement development.

The overseas settlement committee, Col. Amery said, is now of the opinion that not more than one-third of the passage money should ordinarily be granted free to an emigrant. "The experience of our own country and of the dominions has convinced us that the capacity of the dominions to absorb any really large immigration depends strictly upon the opening up of agricultural

resources," Col. Amery said. "Therefore, direct settlement of men on the land will constitute the economic regeneration of the Empire." Consequently he attached greater importance to the land settlement development scheme than assisted emigration.

It was not proposed to spend more than £1,500,000 in the present year. Col. Amery pointed out, but the normal expenditure was fixed at £3,000,000, of which about £1,000,000 would be required for assisted emigration.

To this the dominions furnish another £1,000,000. Col. Amery estimated the annual emigration at something between 60 and 80 thousand—one thousand persons to begin with, and a considerably larger figure eventually if the repayment of the advances was added to the fund for fresh assistance. The remaining £2,000,000 of the United Kingdom's settlement fund would be available for assistance to those who settled on the land and developed it. Probably about 3,000 heads of families as farmers might be settled for a loan expenditure of £1,000,000, Col. Amery said, but block schemes might yield larger results.

### Drop in Canadian Sea Fish Catch

#### Only Increase Was in Herring Taken on Pacific Coast

Ottawa.—A report on the fishing results for the month of March, 1922, issued by the Department of Marine and Fisheries, says: The total catch of sea fish on the Atlantic and Pacific coasts for the month was 116,866 cwt., valued at \$515,869. In the same month last year 100,833 cwt. valued at \$724,534 were landed.

On the Pacific coast there was a big drop in the catch of halibut, only 10,208 cwt. being taken compared with 20,268 cwt. in March, 1921. The catch of herring on the other hand shows a considerable increase, 46,898 cwt. being taken against 18,304 in the preceding March.

### You May Have Kidney Trouble And Not Know It

If your back aches and you suffer from dragging pains, it is an evidence your kidneys may not be acting just right. What you need is a course of Dr. Hamilton's Pills. They contain both Mandrake Root and Butterbur, act very beneficially upon the liver and kidneys. "I was bothered a great deal with my kidneys, but got quick relief from Dr. Hamilton's Pills. My trouble manifested itself by pains in the back and by constant headache, which recurred after using a few boxes of Dr. Hamilton's Pills. They brought me health, strength and vigor." Sold everywhere, 25c, or the Catarrozone Co., Montreal.

### High Treason Charges

London.—It was stated in the House of Assembly, says a Reuter despatch from Capetown, in reply to questions, that 864 charges of high treason had been preferred in connection with the recent Rand Rebellion.



### What This Buffalo Physician Has Done For Humanity

The picture which appears here of Dr. Pierce of Buffalo, N.Y., was taken in 1910. As a young man Dr. Pierce practised medicine in Pennsylvania and was known far and wide for his success in alleviating disease. He early moved to Buffalo and put up in ready-to-use form, his Golden Medical Discovery, the well-known tonic for the blood. This strengthens the body and removes a former which Dr. Pierce found most effective in diseases of the blood. It contains no alcohol and is an extract of native roots with the ingredients plainly stated on the wrapped Golden Medical Discovery. The pills are sure to follow if you take this Alternative Extract. Dr. Pierce's Golden Medical Discovery clears away pimples and annoying eruptions and tends to keep the complexion free and clear.

Dr. Pierce's Golden Medical Discovery corrects the disturbed conditions in a sick stomach, aids digestion, acts as a tonic and purifies the blood. Write Dr. Pierce's Invalids Hotel, Buffalo, N.Y., and receive confidential medical advice without charge. All druggists sell Discovery, tablets or liquid.

### Possibility that Government Will Make Another Domestic Loan Issue

Ottawa.—The possibility of the next Government loan being floated in Canada was foreshadowed in a report made by Hon. W. S. Fielding, Minister of Finance, to a delegation representing the Bond Dealers' Association of Canada, which waited on him for the purpose of considering the question of further issue of loans.

The recent financing in New York has supplied the present needs of the Government and it is understood that there will be no immediate further borrowing.

Mr. Fielding intimated, however, that the maturing obligations of the Government were large, that at no distant day further borrowing would be necessary, and that his desire was that then the conditions would be such as to permit the floating of a domestic loan.

### No Restrictions on Grain Shipments

Montreal.—It was stated at the Board of Trade here, in reply to assertions by shipping men as to undue restrictions being made on shipments of grain, which diverted grain traffic to other ports, that there were no longer any such restrictive regulations and that the rules made for the port warden have been so amended that there will in future be no difficulty in the matter of bulk grain shipped from Montreal.

### To Meet in British Columbia

Victoria.—The annual meeting of the Canadian Bar Association will be held in Vancouver on August 16 and 17, and in Victoria on August 18. The American Bar Association will hold its annual meeting in San Francisco, August 9 to 11, and an invitation has been sent to the American lawyers to attend the Canadian meeting.

# TELLS DYSPEPSICS WHAT TO EAT

### Canadian Government Has for Sale Yacht Once Owned by Duke Who Was Assassinated

Halifax.—The Hochelaga, former yacht of Archduke Ferdinand of Austria, whose assassination preceded the war, is being offered for sale by the Department of Naval Service here, along with a company of ships which include the Nible, former British and Canadian cruiser; the Grille, once the United States yacht Winchester; and the Canada, for many years the flagship of the Canadian fisheries patrol and Canada's leading naval craft; and the Petrol, also of the fisheries service.

The Hochelaga was purchased by the Canadian Government from Andrew Morgan, of New York, a brother of J. P. Morgan, the financier, in 1915, for Atlantic coast patrol.

May Float Loan

### Within Canada

—

—

Either they can go on a limited diet, that disagree with them, that irritate the stomach and lead to excess acid secretion, or they can eat a certain diet in reason and make it a practice to counteract the effect of the harmful acid and prevent the formation of gas, sourness or premature fermentation by the use of a little Bismarck Magnesia. This is exceedingly dangerous and sufferers should do either one of two things.

There is probably no better, or more reliable stomach antacid than Bismarck Magnesia and it is widely used for this purpose. It has no direct action on the stomach and is not a digestant. But a teaspoonful of the powder contained in the grain tablets taken in a little water with the food will neutralize the excess acidity which may be present and prevent its further formation. This removes the whole cause of the trouble and the meal digests naturally and easily. There is no need of pepto-bismal or artificial digestants.

Get a few ounces of Bismarck Magnesia from any reliable druggist. Ask for either powder or tablets. It never comes as a liquid, milk or citrate and in the bisected form is not a laxative. Take this and eat what you want at your next meal and see if this isn't the best advice you ever had on "what to eat."

### Trouble in China

Peking.—President Hsü Shih Chang has issued an appeal to the Chinese nation declaring China was on the verge of civil war, with the danger of foreign complications. He demanded that Generals Chang Pei-Lin and Wu Pei-Fu withdraw their troops immediately and send mediators for adjustment of their differences.

Cotton Workers Accept Cut

Manchester, Eng.—Official announcement was made that there would be no stoppage in the cotton trade here, all sections of operatives having accepted an immediate wage reduction of three shillings and three pence in the pound and a further reduction of one shilling six months hence.

### Resigns as Head of Ontario Farmers

Toronto.—It is announced that R. W. E. Burnaby, president of the United Farmers of Ontario, has placed his resignation in the hands of the executive. Pressure of business is given as the reason.

Eczeema

You are not experimenting with this. Dr. Chase's Ointment for Eczeema and Skin Diseases, which really heals the skin. Sample box sent for 10c. Send 25c for postage, 6c a box; all dealers or Edman, Bales & Co., Limited, Toronto.

W. N. U. 1418



## LIL' GILLET'S LYME NO. 1

Make it your handy household assistant. Use it for making soap, in washing dishes, for cleaning sinks, refrigerators, garbage cans, etc., for cleaning clogged drain pipes, for removing grease and smoke stains, for scrubbing floors and tiling. You will find that the systematic use of Gillett's Lye will keep everything around the kitchen and bath room clean, sweet and wholesome. Cleans and disinfects. Is economical and sure in its effects. Has been the standard for over 50 years. It saves labor, time and trouble.

Made in Canada

WORLD HAPPENINGS  
BRIEFLY TOLD

Daylight saving is not being considered in Calgary this year. It was tried out years ago but was not satisfactory.

Sixty families, totalling 26 immigrants from London, England, have arrived at Prince Rupert, the first of a contingent of British immigrants, who will take up land on Queen Charlotte Islands this summer.

Premier John Oliver has extended an invitation to all the provincial premiers of the Dominion to visit British Columbia this summer to attend the Canadian good roads convention in Victoria, June 13 to 15.

The largest telescope in the world will be completed at Vancouver soon. T. S. Shearman, noted astronomer and scientist, has announced. The glass, weighing ten tons and measuring 10 feet in diameter, will be installed in the Frye Observatory, Seattle, in July.

Importation of dogs from Great Britain, which has been prohibited since 1919, no longer is forbidden, according to information received by Canadian Pacific officials. The ban was due to the prevalence of rabies, it was stated.

A resolution in favor of "outlawing wars" by creating international laws which would make war a crime was adopted at the meeting of the National League of Women Voters' Committee on reduction of armament at Baltimore.

One of the new postage stamps issued by the Soviet Government of Russia is of allegorical design showing the figure of a young man mounted on a white horse, with an army of workmen following his outstretched arm.

The subscription list for New Zealand's £5,000,000 five per cent loans offered at par, closed within a few hours, the amount having been entirely taken up. Three million pounds of the loan will be spent in Great Britain for material for railway expansion in New Zealand.

## Do You Keep a Diary?

The heroine of our new serial story wanted to jot down her first impressions when she visited Western Canada for the first time after leaving her home in England, so she kept a diary. Well kept diaries often reveal the most intimate thoughts of the diarist in a very interesting manner. Miss Eliot was no exception and if you read the story, "My Canada," which will be found in another column you will be more than repaid for the time spent in perusal.

Miller's Worm Powders do not need the after-help of castor oil or any purgative to complete their therapeutic value because they are thorough in themselves. One dose of them, and they will be found palatable by all children, will end the worm trouble by removing the stomach and bowels uncontrollable by the parents. And not only this, but the powders will be certain to exert most beneficial influences in the digestive organs.

## Enlarging Grain Capacity

Work Starts on Extension of Elevator at Fort William

Work on the extension to the North-Western Elevator situated on the upper reaches of the Kaministiquia River is now well under way. This is to cost in the neighborhood of \$50,000, and will give an additional storage capacity of 2,000,000 bushels. The structure, it is expected, will be completed in time to handle the 1922 crop.

Strangled with Asthma is the only expression that seems to convey what is endured from an attack of this trouble. The relief from Dr. J. D. Kellogg's Asthma Remedy is beyond measure. Where all was suffering there comes comfort and rest. Breathing becomes easier, the bronchial tubes completely cleared. This unequalled remedy is worth many times its price to all who use it.

In the house of many old Moors families there may be still seen a great key installed in a place of honor. It is the key of their old home in Spain in the days when the Moors dominated that country.

## Let the Children in, too!

It's no longer necessary to maintain a dividing line at the breakfast table—tea or coffee for grown-ups—no hot cup for the youngsters

Serve  
INSTANT  
POSTUM

to each member of the family, and all will be pleased and benefited by this pure, wholesome cereal drink.

*"There's a Reason" for Postum  
Sold by all grocers*

Canadian Postum Cereal Co., Ltd.  
Windsor, Ontario.

## Unpopular

"I never can like that man." "Why not?" "He's all right." "I know he's all right, but I can't like him." "He's never done you any harm." "Not at all, but I dislike him just the same. He's the man my wife is always wishing I would try to be." Detroit Free Press.

## NEURALGIA AND SCIATICA

Caused by Starved Nerves Due to Weak, Watery Blood

People think of neuralgia as a pain in the head or face, but neuralgia may affect any nerve of the body. Different nerves are liable to attack and affect certain nerves. Thus neuralgia of the sciatic nerve is called sciatica, but the character of the pain and the nature of the disease is the same, and the remedy to be effective, must be the same. The pain may be localized in the part affected, or whether it takes the form of sciatica, or whether it affects the face and head, is caused by starved nerves. The blood which normally carries nourishment to the nerves, for some reason no longer does so and the excruciating pain which is felt is due to the nerves for food. The reason why the blood fails to properly nourish the nerves is usually because the blood itself is weak and thin.

When you build up the thin blood with our BEECHAM'S PILLS you are attacking neuralgia, sciatica, and headache diseases at the root. The value of these pills in cases of this kind is shown by the experience of Miss Beulah M. Fairweather, Cumberland Bay, N.S., who says: "A few years ago, I was stricken with sciatica. I was left in a bad run down condition, was weak and very nervous, and had no appetite. A doctor was called in and gave me medicine, but it did not help me. My blood was thin and my head and feet were very cold. Then to add to my misery I was attacked with neuralgia, from which I suffered greatly." I was reduced to a mere skeleton, and did not care whether I lived or not. I was in this deplorable condition when I began to take BEECHAM'S PILLS. There was some time before I could notice any benefit from the pills, but before a half a dozen boxes were used there was no doubt that they were helping me. Then I got six more boxes, and before they were done I was once more strong and healthy. I shall always feel grateful for what the pills have done for me, and urge all weak people to give them a trial."

You can get these pills through any dealer in medicine, or by mail at 25 cents a box or six boxes for \$2.50 from Dr. Williams' Medicine Co., Brockville, Ont.

## The Increase of Suicides

Growing Complexity of Our Modern Life Is Given as Cause

The Save-a-Life League has issued a report on suicide for the year 1921. The league officials have definite information of 12,000 suicides, and they estimate that at least 8,000 occurred which were not reported to them. The report declares that suicides were 23 per cent more numerous in 1921 than in 1920, and contains the following observation:

The growing complexity of our modern life, the feverish unrest, crimes, divorce, bizarre and questionable dress and other things have caused deranged nerves, depression and less self-control.

The suicides reported include 10 editors, 10 well known writers, 40 college students, 51 school teachers, 21 clergymen, 57 judges and lawyers, 7 mayors, 93 bankers and 88 presidents of large business concerns.

From the N.Y. Independent.

According to a calculation made by a German physician, a man who has shaved himself for fifty years has spent 250 days of twelve hours each standing before a mirror with his razor in his hand.

Keep Minard's Liniment in the house

W. N. U. 1418

## Indian Head Nursery

Shipments of Seedlings Will Be Very Heavy This Year

The shipments of tree seedlings and cuttings going out this spring from the Dominion forest nursery station at Indian Head, will be among the largest in the past five years. The kinds sent out are chiefly Russian poplar, willow and caragana. They are used solely for planting shelter belts on prairie farms. Since the nursery was established, about sixty million seedlings and cuttings have been distributed to prairie farmers.

Give the average man half a chance to talk about himself and he will deliver the goods.

Minard's Liniment Co., Limited.

Sirs—I have used your Minard's Liniment for the past 25 years and have occasionally used other liniments, but I have never found any to equal yours.

If rubbed between the hands and inhaled frequently, it will never fail to relieve cold in the head in 24 hours. It is also the best for bruises, sprains, etc.

Yours truly,  
J. G. Leslie  
Dartmouth.

## Talking Movies Perfected

Talking movies with the "lines" on phonograph discs, have been perfected by Lee de Forrest, pioneer in the wireless telephone field, he announced upon his arrival from Germany where he has been experimenting for six months.

An Oil of Merit.—Dr. Thomas' Electric Oil is not a jumble of medicinal substances thrown together and pushed by advertising, but the result of the careful investigation of the healing qualities of certain oils as applied to the human body. It is a rare combination and is known and held in high public favor from the first. A trial of it will carry conviction to any who doubt its power to repair and heal.

## Big Crops in Peace River

Some idea of the development of Northern Alberta as a grain producing country is indicated by the fact that during the month of March, 645 carloads of grain were moved over the Edmonton, Dunvegan and British Columbia railway into Edmonton.

## HOW'S THIS?

HALL'S CATARRH MEDICINE will do you a claim for it—rid your system of Catarrh, Disease, Disease, Disease. We do not recommend it for any other disease.

HALL'S CATARRH MEDICINE is a liquid, taken internally, and acts through the system, reducing the inflammation of the system and assisting Nature in restoring All Druggists. Circulars free.

F. J. Cheney & Co., Toledo, Ohio.

## War on Insect Pest

The British Columbia Government this year is going to wage the greatest battle it has ever waged against the codling moth. Besides the \$16,500 voted by the legislature at its last session, provision for \$20,000 more by the Government was announced by Dr. Warneck, Deputy Minister of Agriculture.

Minard's Liniment used by Physicians

The bonds of matrimony would be more popular if they paid cash dividends.

## Don't Neglect Your Skin

Ladies—A few days' treatment with

CARTER'S LITTLE LIVER PILLS

will do more to clean

up the skin than all

the beauty treatments

and cosmetics

in the world.

CARTER'S LITTLE LIVER PILLS

perfect complexion is

caused by a

magical pill.

Millions of girls, old, young and middle aged, take them for Biliousness, Diseases, Sick Pimples and Bitter Skin. They end the misery of Constipation.

Small Pill—Small Dose—Small Price

Diver Battles with Devil Fish

Battling for his life fifty feet beneath the surface of Puget Sound, Walter McCray, a diver known in marine circles from Alaska to California, came out victorious over a giant devil fish. The monster wound its tentacles so tightly about McCray that the diver was unable to reach the knife he carried for protection. He was freed after being drawn to the surface.

## BEECHAM'S PILLS

for Sick Headaches

## MONEY ORDERS

Remit by Dominion Express Money Order. If lost or stolen, you get your money back.

## BELTING FOR SALE

All kinds of new, used and used, shipped direct to anyone. 4 inch 4 used, new rubber belting guaranteed quality, twenty cents per foot, and others at low rates. Write to YODER BELTING CO., 115 York St., Toronto, Ont.

## MECCA OINTMENT

Burns, Sores, Guts, Etc.

Get Free Sample from Your Druggist

BOOK ON  
DOGS, DISEASES  
and How to Feed  
Mailed Free to any  
Address in the  
Author  
H. CLAY GLOVER  
123 West  
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Street, New  
York,  
U.S.A.

## CHICKS

No need to lose chicks.  
Raise every one into  
a strong, profitable  
bird. Successful poul-  
trymen everywhere  
bank on

Pratts Buttermilk  
Baby Chick Food

Sold everywhere on our mon-  
ey back guarantee. ADVICE  
FREE. Tell us your trouble.  
PRATT FOOD CO., OF  
CANADA, LIMITED  
Toronto

Genuine  
BAYER  
ASPIRIN

WARNING! Say "Bayer" when you buy Aspirin. Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances?

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Headache Rheumatism

Toothache Neuralgia Neuritis

Earache Lumbago Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocroccinester of Salicylic acid. While it was well known that Aspirin means Bayer, many other companies put their own trade marks on their tablets. The tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

**The Monitor News**

PUBLISHED EVERY THURSDAY

W. S. McCulloch  
Editor & Publisher

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per year, payable in advance.

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Thursday, May 4, 1922

**Note and Comment**

It is a regrettable thing when the residents of any village or town lose faith in the place, and instead of trying to boost it along by talking in a cheerful strain and working in harmony together, hang out the crepe, and look as though the world held nothing more for them. There is nothing that will put a town on the blink and do it quicker than an attitude of "don't care" on the part of its business men and residents.

There is no reasonable excuse for letting a village fall into a disreputable and dilapidated state. Any efforts put forth to keeping things bright and clean will be rewarded by the satisfaction of knowing that you have a village that will bear inspection, and besides it will be a source of pleasure to you as residents, to contemplate, yourselves.

Have faith in your town; have pride in the place where you have chosen to cast your lot. You will find that it will bring you dividends, not only of dollars, but satisfaction, lasting and full.—Exe.

A man was one day visiting a lunatic asylum, and while walking in the grounds he met a patient to whom he said:

"Well, how did you get here?"

The man replied:

"Well sir, you see I married a widow with a grown up girl, and then my father married my wife's daughter, and that made my wife the mother-in-law of her father, and my father became my step-son. Then my step-mother, the daughter of my wife, had a son, and that boy, of course, was my brother, because he was my father's son; but he was also the son of my wife's step-daughter, and therefore her grandson, and that made me grandfather of my own step-brother. Then my wife had a son, so my mother-in-law, the step-sister of my son is also his grandmother, because he is her step-son's child; my father is the brother-in-law of my child, because his step-sister is his wife; and I am the brother of my own son, who is also the son of my step-mother; I am my father-in-law, my wife is her own child's aunt, my son is my father's nephew, and I am my own grandfather. That's why I'm here, sir."

"Well, if that ain't enough to drive a poor woman dippy, I'm a Dutchman," said Mrs. Murphy. "Here I am, just on my feet after triplets—triplets, mind you—and now they've taken

my old man down to the barbican square to teach him to form fours."

**WANTED**

A Weed Inspector is required for Ward 5, Municipal District of Stewart No. 302. Apply to  
I. Rittenhouse, Monitor

**Railway News  
in Brief**

**Moose Jaw.**—Work will be commenced in the next few weeks on the new Dominion Express Company building which will be immediately west of the Canadian Pacific office building and north of the present express and baggage building.

It is expected that within the next year or two the station will be torn down and the work of excavating for the subway approach to the tracks will be continued.

**Winnipeg.**—Among the travellers on the Canadian Pacific eastbound train who passed through Winnipeg a few days ago was Doris Blissett, nine years old, on her way from her home in Vancouver to England. She travelled quite unaccompanied and sailed from St. John on the Canadian Pacific liner Moncton to attend school in England. Children travelling on Canadian Pacific trains and liners are special looked after by officials and stewardesses.

**Galt.**—A new modern joint station on the Lake Erie and Northern and Grand River Railways is assured for Galt in the immediate future.

**M. W. Kirkwood,** General Manager of the two lines, was in Montreal last week and as a result of his trip has now received the signed appropriate covering of the money necessary for the new station.

The location of course will be in the vicinity of the present temporary equipment on Main street. It is anticipated that the plans will be in readiness soon and contracts for the new building let immediately.

**Smiths Falls.**—During the past ten weeks instruction in the emergency treatment of accidents has been given to the employees of the C.P.R. and to the wives, wives and daughters of employees and the ladies of the town in general. The instruction was given by the company's first aid instructor for the St. John Ambulance Association. The people did not appreciate the privilege extended by the management in allowing them the services of their instructor. Dr. Gray was assisted by the general secretary of the C.P.R. First Aid department in holding examinations of the classes.

Dr. Gray expressed great satisfaction with the general knowledge displayed by the students.

**Ottawa.**—There are in Canada at least 37,000 square miles of peat bogs, with deposits from five to ten feet deep, and it is estimated that each square mile contains on an average the equivalent of 430,000 tons of coal. The Council for Scientific and Industrial Research at Ottawa after considering the problem of making Canada's fuel consumption less dependent upon the United States induced the Dominion and Ontario Governments to appoint jointly a peat commission, which carried on extensive experimental development work at the Alfred park, and the Montreal-Ottawa line of the C.P.R. The peat produced was sold at profitable prices in competition with coal, and it is expected that a flourishing peat industry will eventually be founded.

**Winnipeg.**—Western Canada recently welcomed the first contingent of its 1922 army of settlers from Europe and the United States when 350 persons—men, women and children—arrived at the Canadian Pacific and Union depots. Immigration officials expect a steady influx for the season definitely "on."

All these settlers will go on the land in Manitoba and the western provinces. The new arrivals, for the most part, are family parties with effects or money, or both, and their intention is to farm on the prairies and not to migrate to the cities.

Manitoba's share of these settlers was a farmer group of 111 persons who expect to locate on farms. Family groups composed of party members arrived. Additional parties were bound for Saskatchewan, Alberta and British Columbia.

A party of 50 immigrants arrived from Roscoe, Minnesota, and was accompanied by 9 cars of effects. All are bound for the west.

Families from Hurd Dell, Saskatchewan, was the destination of 6 of the cars, one went to Melrose, Saskatchewan, one to Clyde, Alberta, and one to Cudworth, Saskatchewan.

Passengers from the steamship Tunisian, numbering 178, arrived in Winnipeg over the Canadian Pacific Railway.

**OIL SURE****Castor Machine Oil**

75c

**Heavy Machine Oil**

1.00

**Harness Oil**

1.25

we are on the job again  
All repairing done promptly, now  
is the time to get your Harness  
put in shape for the Spring work.

**HAMERS'****Harness Shop****MONITOR****STRAYED**

All horses branded on the **YO** right shoulder are the property of E. E. Tallefer, Kirriemuir. Please notify owner of any strays and they will be removed.

**FOR SALE**

Irish Cobbler Seed Potatoes, from choicest of pure stock. Why raise little scrubby spuds? My Cobblers yielded 300 bus. per acre last fall. \$1 per bus. F. O. B. Monitor Alta.

Also pure bred R. I. Red eggs \$1.25 per setting. Phone or write H. J. McIntire, Monitor 16

**FOR SALE****FOR SALE**

For Sale, Trade or Rent, one good section, 7 miles south of Monitor, 110 acres under cultivation. Frank Hanson 2-345 Monitor 17

**STRAYED**

All horses branded on the **YO** right shoulder are the property of A. J. Foster, Sec. 25-33-0, Consort. Please notify owner or News Office. Sept. 22

**NOTICE**

If you have any cattle or hogs to sell, see me. Will buy at any time. H. McCarron

**TRADE**

Will trade several good work horses for cattle.

You Know Me  
Cochran of Kirriemuir

**GENERAL CHANGE**

in  
TRAIN SERVICE  
effective SUNDAY  
April 30th, 1922

Times for Trains at Monitor will be the same as at present.

TRANS-CANADA LIMITED, Nos. 7 & 8, all standard sleeping cars, between Montreal, Toronto and Vancouver, will be resumed. First train leaves each of these points on May 21st, 1922.

SOO-PACIFIC EXPRESS, trains 13 and 14, between St. Paul and Vancouver will be resumed, first through train from St. Paul and Vancouver June 4th, 1922.

For further particulars apply to any Ticket Agent.

J. E. PROCTOR  
District Passenger Agent  
CALGARY

**Give your Ford a square deal**

That a Ford will stand anything is a popular belief based on the remarkable performance of Ford Cars and Trucks under the most adverse conditions. But there is one thing a Ford will not stand—the use of spurious parts.

Never permit a fake part to be used. Your Ford will repay you in longer life and better performance. If your car has already suffered from this cause let your motto from now on be "never again."

We use Genuine Ford Parts exclusively and make a point of keeping for your inspection the old parts that we remove.

Genuine **Ford** Parts  
For Sale Here

**Chas. B. Horsch**

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**JEWELERY WATCHES CLOCKS****Expert Watch and Clock Repairing**

**W. BRINSMEAD**

Next door to MacKenzie's Law Office

**Spectacles Repaired** **Broken lenses replaced**